

## 2 Week Recheck – Tibial Growth Plate Fracture Repair (Dog)

Patient: \_\_\_\_\_

Date: \_\_\_\_\_

### Incision

- Not applicable
- The skin incision has healed and no additional treatment is needed.
- The incision is irritated because your pet has been licking the site.
- The following is recommended:
  - Apply Neosporin Plus Pain control two to three times daily to the incision or irritated skin for 7 to 10 days.
  - Apply Bitter Apple solution (available at pet stores) around the incision twice daily for 7 days.
  - Keep an Elizabethan collar on your pet until the incision has healed (inflatable collars may be available at Pet Smart or your primary care veterinarian).

### Exercise

- A quick-lift sling should be used when going up or down stairs or if your pet needs assistance to walk.
- A leash must be kept on your companion whenever going outdoors.
- Swimming is encouraged (10 minutes, 2 to 4 times daily).
- Ten-minute slow walks are permitted 3 times daily until the next recheck (in 6 weeks from now).
- Jumping, running, unattended stair climbing and playing with other pets are not permitted.

### Rehabilitation

- Range of motion exercises should be performed twice daily for 6 weeks. This involves fully extending, flexing the hip, stifle and hock. Hold the joints in maximal flexion, extension for 3 seconds in each position. Twenty repetitions should be done during each session. Cold/warm therapy is no longer needed.
- We recommend rehabilitation therapy by a professional therapist.

### Medication and Diet

- NSAID (\_\_\_\_\_ mg tablets): give \_\_\_\_\_ tab every \_\_\_\_\_ hours for \_\_\_\_\_ weeks.
- Tramadol 50 mg: give \_\_\_\_\_ tablet(s) every \_\_\_\_\_ hours for \_\_\_\_\_ weeks.
- Dasuquin or Cosequin, as directed on the bottle.

### Summary

- The healing of the tibia is progressing normally.
- The healing of the tibia is progressing slower than normal.

### Next recheck evaluation

Please make an appointment to have another evaluation performed in \_\_\_\_\_ weeks from now.